

Thank you for volunteering to coach for the good of our soccer community!

- Please read CYSO Rules of Play. Here is some basic information:
 - U6 will play 4v4 games (4 quarters, 8 mins each) with no goalkeepers and no referees. U6 will use a size 3 soccer ball.
 - U8 will play 5v5 games (4 quarters, 10 min each) including GK with 1 referee. U8 will use a size 3 soccer ball. GK MUST play a **maximum** of half of each game ONLY.
 - U10 will play 7v7, including GK and referees. (2 halves, 25 mins each). Build-out line will be enforced. U10 will use a size 4 soccer ball.
 - U12 will play 9v9, including GK and referees (30 min halves). U12 will use size 4 soccer ball.
 - U14 will play 11v11, including GK (30 min halves). U14 will use a size 5 soccer ball.
 - If a team cannot field a full team, opponent must match numbers on field (play down).
 - MERCY RULE: If a team has a 5-goal differential during a game, they must take steps to limit scoring, including but not limited to switching offensive line with defensive line.
- Coach is required to play each player a minimum of 50% of the game. All players must be invited to all team functions (practice, game, ice cream, party, etc)
- Roster must accompany team at EVERY practice and game.
- All teams must practice within the CYSO Boundaries. This includes City of Ceres Parks, River Bluff, and Schools as designated by CUSD approval. As of now, schools are NOT yet available. Use of River Bluff complex requires paid reservations through City of Ceres Parks and Rec. Parents cannot be required to pay for use of the field.
- Practice space (except for River Bluff) is available on a first come, first served basis. Coaches should be cooperative and understanding and share the field as responsible adults, setting a good example for the children.
- No coach shall allow any person (adult or child) to participate in games or practices unless they are listed on the team roster and parents have signed the player pass (children only).
- No coach shall scrimmage or practice with any team that is not affiliated with CYSO.
- Teams should not practice in weather exceeding 99° Fahrenheit or if air quality index is red. If it is orange or yellow participation of players MUST be optional.
- Player jerseys may not be altered in any way. Parents may not wear matching jersey to any games.
- All teams are responsible for picking up trash after their game. If a team leaves a mess, please let a board member know.
- Coach IS responsible for their parents' & spectators' behavior—no excuses. If you need advice, please contact a board member.